

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Theresa Ashdown**

Has successfully participated & completed the

**5km Prison Break Night Run & Walk**

held at Leeuwkop Golf Club.

**TIME 00:34:35**

**PACE 06:54/km**

**OVERALL 61 of 223**

**GENDER 27 of 144**

**60 - 69 1 of 7**

20 February 2019, Wed

Date



*BoutTime*

Signature

